A PRELIMINARY STUDY OF PSYCHOLOGICAL WELL BEING AMONG PUBLIC AND PRIVATE SECTOR BANK EMPLOYEES IN ERNAKULAM, KERALA

KOTTURATHIL REENA DAMODAR,
RESEARCH SCHOLAR,
BHARATHIAR UNIVERSITY,
COIMBATORE.
mail.reena2010@gmail.com

DR. NEELIMA RENJITH,
ASSISTANT PROFESSOR,
DEPARTMENT OF PSYCHOLOGY,
UNION CHRIST COLLEGE,
ALUVA, KERALA.
neelimaranjith@uccollege.edu.in

ABSTRACT

Psychological well being is an important aspect of effective performance of any employee. It is the subjective feeling of contentment, happiness, satisfaction with life experiences and of one's role in the world of work, sense of achievement, utility, belongingness and no distress, dissatisfaction or worry etc. It emphasizes the positive characteristics of growth and development. The basic aim of the present paper is to examine and to compare the level of psychological well being experienced by public and private sector bank employees. The data was randomly collected from public and private sector bank employees, the sample size is 500 (N=500) out of which n=250 from the public sector and n=250 from private sector banks. Results indicated that psychological well being is higher in the public sector as compared to the private sector.

KEYWORDS: Psychological well-being, contentment, achievement, belongingness, public, private.
REFERENCES

2. Burch ells, B. (1992). Towards a social psychology of the lab our market; or why we need to understand the lab our market before we can understand employment. Journal of occupational & organizational psychology. 65:345-354