A STUDY OF THE WORK LIFE BALANCE POLICIES FOR THE FACULTIES IN SELECTED PRIVATE SECTOR INSTITUTIONS IN LUCKNOW

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ABSTRACT

Work Life balance is the state of equilibrium in one’s personal and professional life. They both have a spillover effect on each other. In the professional domain the work life balance policies for the employees have a significant impact on one’s personal and professional life. This paper is an attempt to find out the work life balance policies adopted by the private higher education institutions in Lucknow. It also focuses on knowing the level of satisfaction of the employees with the work life balance policies. The Exploratory Research will be conducted for the study. A questionnaire is framed for the same. Besides Interview method will also be used for the study.

KEYWORDS: Work Life Balance, personal life, professional life, Work Life Balance policies.

REFERENCES

Journals


Thesis


Books