ROLE OF GUIDANCE IN ACADEMIC PERFORMANCE, MENTAL HEALTH AND CAREER CHOICE OF STUDENTS

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ABSTRACT
Having increased importance of guidance in schooling raised the need of the present study. Keeping in mind the significance of guidance in students’ life, the present study is designed to know the role of large group guidance among high school students. There are 300 high school students, among them 150 are male and 150 female, have participated in the study. Experimental designed has been used to find out the effect of guidance on academic performance, mental health and career choice of students. Results indicate that significant effect of guidance is found on academic performance and career choice of students. In another finding no significant effect of guidance is found on mental health of students. So it can be concluded that guidance has a significant role in academic performance and career choice of students but not in mental health of students. For the implications of guidance in management such techniques may be developed with help of present and related findings in academic setting to properly manage the student life with reference to academic performance, mental health and career choice.

KEYWORDS: Guidance, Mental Health, Academic Performance, Career choice, Students, Management