A STUDY ON PERCEPTION OF DAILY HASSLES, PERCEIVED SOCIAL SUPPORT AND SENSE OF SUBJECTIVE WELL – BEING OF TRIBAL WORKING WOMEN AND TRIBAL NON-WORKING WOMEN OF THE MIDDLE CLASS FAMILIES OF AGARTALA

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ABSTRACT
Generally the employed women received significantly lesser social support than their unemployed counterpart. For the employed group, social support significant negative relationship with hassles in most of the areas. Unemployed women also yielded strong negative association between social support and daily hassles. Social support, thus, appeared to have a moderating effect on experiences of hassles. Enhanced well-being for employed women is important, though they had reported more hassles and less support. They appear to appraise and use social support differently. While unemployed women, don’t require support to combat the stress ensuring from additional roles, for the employed women resources like income status and prestige which the employment yields appears adequate to cope with stress and to enhance well-being. The present study tries to find out the key questions whether the tribal dual career married women experience more daily hassles, perceive more social support and sense of subjective well being is greater than that of the tribal single career married women.

Sample: 30 married tribal women, employed outside home on a regular basis and 30 married tribal women, engaged in home making only has been taken as the sample size. Purposive sampling has been selected for the study. Subjects were matched on criteria set-up earlier.

Findings: The results of the study revealed that dual career married women experiences more daily hassles, perceives more social support and the sense of subjective well – being is greater than the single career married women.

KEYWORDS: Daily hassles; Social support; Subjective well – being.