EQ AND STATE OF WELL-BEING IN CHILDREN: FROM A CONVENTIONAL OUTLOOK TO BLUE SKY THINKING

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ABSTRACT
Emotional Intelligence (EI) is believed to be an essential factor for the well-being of an individual. Intelligence Quotient (IQ) has always been the deciding element for the success and development of a person. It has indeed taken some time for most to agree that IQ alone is not enough for a person to be successful. EQ is imperative for being ‘life smart’ and for maintaining happiness and satisfaction. This paper looks into the implication of the closed system in which we are making our children to grow and offers solutions for providing an atmosphere for life well-being and development. It brings out the roles to be played by family and educational system/teachers in the task of developing emotional quotient in children.

KEYWORDS: Children, Education, EQ, Family, Well-being.